

Lipid clinic

Drs. Pearson and Dr. Block, national experts in lipidology, see patients in special subspecialty clinics centered on the management of lipids using lifestyle, statins and/or other medications. These clinics focus on both primary and secondary prevention regarding patients who have had some trouble tolerating their first course(s) of statins or have a particularly unique situation that their primary care providers seek further assistance managing. Other providers such as Dr. Lowenstein, the chair of cardiology, also provides lipid management and you may rotate with him as well. However his clinic has a broader mix of patients, most of whom who have active CVD, and are more likely to be attended by other residents—internal medicine and cardiology fellows.

Anti-Hypertension Clinic

Dr. Bisognano is a national expert in the control of hypertension and was on the committee that developed the JNC 7 guidelines. His clinics are a mix predominately of patients with complicated hypertension, general heart disease patients and some individuals with risk of hypertension. Clinics are quite busy and you are likely to be there with at least one cardiology fellow and/or resident in internal medicine—though there will still be more than enough patients to see. Preventive Medicine residents however are asked to defer to the educational needs of cardiology fellows and internal medicine residents when scheduling their clinics and during the clinic, although this has not really been a problem in the past.

Smoking Cessation Clinic

During your rotation at the Center for Community Health, you may observe and later participate in smoking cessation counseling sessions based on Social Determination Theory with Dr. Geoff Williams, a general internist and preventive cardiologist with a doctorate in psychology.